

WISDOM TEMPLE

INNER GUIDANCE AND DIRECTION

There is a place where you go for inspiration, for learning and for wisdom. Out there in the distance in that velvety darkness you notice a little tiny light that invites you to come closer... and as you become closer and more aware, you notice it is a temple... a very sacred place where you go for wisdom.

As you get closer to that temple you begin to feel a wonderful sense of peace as you know you are very welcome at this temple that you are absolutely in the right place ready to learn the lesson that is here for you today.

In this temple there is a wise person, a sage or a guide who will help you with this lesson. This sage knows everything about you, about your past, your inner thoughts, your experiences...even more than you know about yourself.

You will meet the sage here that is going to help you to learn this lesson.

As you get closer to the temple, begin to see the color, the construction of it, the textures, whether there are windows or doors.

Notice how you'll enter your temple of wisdom, and then go right up to the place that is your entryway... a beautiful beam of light shines down all around you as you enter your temple of wisdom. As you go in you notice that there are two big pillows on the floor right in the center of the room.

You look up and you notice the ceiling, how beautiful and ornate it is.

You notice the colors on the walls... the textures...

and you notice an overwhelming sense of peace and serenity here in your temple of wisdom.

You honor this space and you allow yourself to be guided in complete honesty and truth when you're in this temple.

As you take your place on the pillow you notice that from another part of the temple someone appears... and you recognize this to be the person who is your Sage...your very wise guide... your leader.

This sage comes in quietly, knowingly, sits on the pillow facing you.

The first thing that you notice as you look in the eyes of this sage is the wisdom... the incredible wisdom that this sage has.

The intuition... the natural knowing... that tells you that you are in the right place at the right time ready to receive this learning and this lesson.

As you look in the eyes of this sage you understand that this being knows everything about you, even more than you know about yourself.

You can see that wisdom is there and you trust that this sage will be completely honest with you... and you fully accept that this sage knows everything about you, all of your experiences, your deepest beliefs and desires, all of the memories and events that have shaped your life... even those that you may have thought that you had forgotten... this sage knows... and knows just how to take everything into account to give you the best possible guidance.

Now at this moment this sage is going to give you information to help you to understand something about yourself.

The sage will tell what is that you need to do to experience... to complete... to come to terms with... or find closure with... in order to allow yourself to be abundant, successful, wealthy, healthy, whatever it is that you desire.

So right now, in order to have the freedom to have a successful and abundant life, you're going to ask the sage what it is you need to do... Perhaps something you need to resolve from your past... something you need to complete... something to resolve...and you can trust that this sage will be completely honest with you to help you and guide you to the one most important thing right now, for you to do to release and resolve the issue that has been holding you back.

Perhaps you know consciously what this issue is and you haven't been sure of what direction to go or how to resolve the problem. Now you are open, willing and ready to receive the information. Take a deep breath let it out, put all of you faith in this sage, I want you to ask the question that is most important right now of what it is you need to know or to do... to resolve... or to heal in your life... to have abundance.

Ask the question and then just sit quietly and listen... open and ready to receive this information.

(PERIOD OF SILENCE)

As the sage answers you, you may need clarification. There may be something you'd like more understanding on and now you can ask the sage for more clarification.

(PERIOD OF SILENCE)

Next you may want to ask the sage what the first step is, what you actually need to do in order to begin to release or resolve this issue or the next step that you need to take in order to begin you path to abundance. Ask the sage specifically what you are to do that is the next step.

(PERIOD OF SILENCE)

And when you're complete with this information and you understand it, you can thank the sage for being there, for being honest with you and completely open.

If there is more information that you need you can ask for that information now.

Now you can thank the sage and allow that sage to leave... surrounded in a beautiful bubble of light.

Here you are again... alone on that pillow in the middle of your sanctuary... in your temple of wisdom.

You come here to seek wisdom... honesty... and solve problems. You will always get just what it is that is right for you, and best for you.

Every time you come here you can explore in a deeper way what it is that you want or need... or should learn... in order to have what you truly want.

It could be something very specific or it could be one of life's bigger learnings.

You can find this guidance every time you come to your temple of wisdom.

Now stand up and go back to the place where you entered... the beautiful beam of light shines down all over your body, inside of your head all the way down through your arms and your legs, illuminating your body from the inside out.

You are filled with purpose, with direction, with information that will guide you.

In some ways you feel as if some aspect of this sage is with you now... and through the next few days... guiding you and helping you to understand the lesson you are about to learn.

Now just begin to float away or walk away from the temple... look back over your shoulder... You can return anytime.

Begin to bring your awareness back to my voice, back to the room, bring back with you the lessons and the learnings the resources, the wisdom that you've gained. Allow yourself to bring back those conscious lessons and learnings and also those subconscious lessons and learnings that you are about to discover.

In the abundance picture the colors are bright, the sounds are musical, and magical, it's wonderful there's even fragrant smells in this new image. You feel good... you can see the joy in your eyes.

Your body is strong and confident.

Your voice is clear and confident.

Now blank the entire thing out, reset it to the old setting one more time. Put yourself in the old picture.

It's crackley, snowy, black and white, very, very hard to hear or see anything... and now on the count of three let them switch again.

1, 2, 3, (snap) SWISHHHH. Good.

Look at yourself in that new picture... beautiful, bright... so much joy... notice what it is about... you just deserve to have good things... you deserve to have excellent opportunities... the colors are clear and crisp... the detail is precise... the sounds are magical and musical... everything is there.

You want to be in that picture.

You want to be there.

When I count to three you're going to step into that picture and feel it as real as real can be.

You're going to feel the colors, hear the sound... you're going to experience the joy... and the belief of knowing that you absolutely deserve to be wealthy.

So when I count to three you're going to step into it... you're going to be in it... experiencing it... knowing it... living it... everything will be just real as real can be.

Now... really want it.

Look at it and understand why you want that.

Notice why it is so right for you now.

And on the count of three, step in.

1, 2, 3 (snap) step right into it.

Really feel it. You are becoming so alive, so aware, and so at peace with this feeling.

You deserve to feel this good.

Everything is new.

As you look around you notice that you really do deserve to have this kind of happiness... this kind of health... this kind of wisdom... and this kind of financial abundance.

You notice how easy it is for you... almost effortless... to be doing what you love.

You deserve to make money doing what you love.

Notice if there are other people around or if you're in a peaceful moment by yourself.

Notice where you live... what you do... the things that are evidence of your success and your abundance.

And notice something about yourself... what it means about you to be abundant.

The colors are even brighter now, you're healthy, you are strong, you are confident.

Notice what it means about you now... and discover something that you never imagined, something so good, that feels so right for you.

Notice that now. You are so at peace.

You deserve this.

And now you know what it feels like to be worthy.

You can explore even more... you can be curious about what else there is to discover.

And just discover that now.

Everything is so perfect, so right, so interesting.

You feel so alive and so happy.

Life has challenges and you meet them with a wonderful intuition and a wonderful wisdom that allows you to grow and learn and become stronger, wiser.

You're easily able to accept the gifts, the abundance and the opportunities that are brought to you.

You are completely at peace ... with your abundance ... and your confidence ... and your peace of mind.

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Now, place into that ball, the wisdom that will guide you and help you to know the correct path to take... or to allow you to see the opportunity that's presented to you.

Maybe it is your ability to be intuitive, or guided... peacefully and faithfully.

Place that into that ball and watch it swirling around, notice the sound increasing... the feel and the vibration in your hands... as it may actually be getting bigger and stronger in your hands.

Now place into that ball your right to be wealthy.

Release any negative feelings about having money and put into that ball your right to be wealthy.

Whatever way that looks for you let it float into that ball of energy, increase the sound, the strength and the intensity.

Now place into that ball the opportunity that you would like to have come to you,... that will allow you to do the work that you love... that allows you to have a lifestyle that is the lifestyle you're passionate about... where work doesn't seem like work at all.

You are truly in a space of loving what you do.

And whatever way that looks for you, place that into that ball of energy. Feel it swirling, getting stronger having even more movement.

Hear the sound of that energy becoming stronger.

Feel the pressure... the pulse of it in your hands.

And now into that ball of energy, place the one quality or personality trait that perhaps you don't have yet, that you could use in order to allow you to be successful and abundant.

Find that quality that you know that would benefit you... to help you to be abundant. Perhaps it is confidence, or perhaps it is creativity, or perhaps it is self discipline or the ability to be organized.

Whatever it is for you... that one personal thing for you that you need and want... that would allow you to be more abundant ... and place that into the ball ... watch it swirling, getting stronger, and having more vibration and more intensity. Gooooo.

And feel that ball moving, swirling... getting stronger with every breath you breathe... and now I want you to begin to slowly open your hands and send that ball of energy out into the universe. See the color, the little sparkles... the twinkles as it begins to disperse in little tiny particles out into the universe.

Every little particle carries information, each molecule carries this intention and includes all of the things that you placed into that ball of energy.

Each one of those little particles... and there are thousands or millions or billions of them... reaches out in a positive and dedicated way into all of the possibilities and potential situations, people, and experiences in the universe that will allow you to have what you truly want.

Watch the stream of energy reaching out there; see those twinkles and sparkles reaching out.

And as they do you feel confident, and sure that you are able to manifest whatever you need, whatever you want and whatever you desire.

So now you allow the universe to bring back to you whatever opportunity, whatever people, whatever intuition, or skills or knowledge that you need to be abundant.

You expect and allow everything to be brought to you that will allow you to have the abundance, the health, the peace of mind, the strength and the confidence that allows you to deserve to have wealth and abundance.

Now, as you manifest abundance you understand it is your right to be abundantly wealthy.

You release any limitations, fears or anything you may have been holding back on... that has prevented you from being wealthy and abundant. You allow and expect the universe to bring you every opportunity, every person, every lesson, every learning, every teaching, every piece of information, all wisdom and all knowledge that you need and desire to achieve your outcomes.

You deserve to be abundant, healthy and have peace of mind.

